



In English with Hungarian translation

PSYCH-K® BASIC WORKSHOP

25-27 April
in Budapest, Hungary

PSYCH-K® is a powerful energy psychology process that allows you to quickly and easily identify and change limiting, self sabotaging beliefs into self supporting ones.

In this 3-day event, you will learn how to **transform limiting beliefs into powerful, supportive beliefs** in every aspect of your life. After completing the PSYCH-K® Basic Workshop, you will be able to facilitate belief changes with yourself and to release any any type of stress—whether from past trauma, a present challenge, or a future concern—in just a matter of minutes.

THE WORKSHOP INVESTMENT INCLUDES:

- 3 full day training & practice (10.00-18.00)
- PSYCH-K® Basic Manual
- Affirmation of being a PSYCH®-K Facilitator
- Free tea, coffe, filtered water, snacks

**Workshop
Investment:
900 €***

***Early Bird price
before 14th
of March**

***After 14th of March: 950 €**



STUDIO BEIGE 1026 Budapest,
Húvösvölgyi út 33. doorbell: 3

REGISTRATION: Krisztina Gurics

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Learn this life-changing process from *Brunhild Hofmann*, who has been a PSYCH-K® Certified Instructor since 2007. Brunhild holds a diploma in biology and is the author of the book, '*The PSYCH-K® Experience*.'



WITH CERTIFIED
PSYCH-K® INSTRUCTOR:
**BRUNHILD
HOFMANN**

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WHERE?

STUDIO BEIGE,
1026 Budapest,
Hűvösvölgyi út 33.
doorbell: 9



What will you learn?

- Where our **beliefs** come from and how they affect us in our daily lives.
- **Three levels of the mind** - how we work with each level to make successful, long lasting changes in our lives.
- **The brain** - understanding the basics of split brained research, and how Whole-Brain State creates effective and lasting change.
- **Unique muscle testing method** - to communicate directly with our Superconscious and Subconscious minds.
- **Two PSYCH-K® Balances** – the processes that can be used to change/reprogram limiting beliefs in the subconscious mind.
- How to **create well formed personal Goal Statements** that will help you have the life experiences you want and desire.
- **Self muscle testing** techniques to use the PSYCH-K® Balances for yourself
- **Transform the perception of any stressful experience**, emotion, phobia or trauma in your life, past, present or future.
 - **77 Goal Statements** covering the areas of Relationships, Personal Power, Self esteem, Prosperity, Grief and Loss, Spirituality and Health and Body.

QUESTIONS, REGISTRATION AND DETAILED INFORMATION:

Krisztina Gurics PSYCH-K® Facilitator, organizer

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