

PSYCH-K



*Free
Your
Mind*



Learn how to use PSYCH-K® in your daily life.

PSYCH-K® BASIC WORKSHOP

In English with Czech translation.

Date: 11th.- 13th. June 2021

*Location: Czech Republic, Prague, HOTEL
GLOBUS, Gregorova 2115/10*

<https://www.hotel-globus.cz/cs/>

Price: 710 EUR VAT included

Certified PSYCH-K® Instructor : **Brunhild
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How and why PSYCH-K® works?

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What we will learn on the Basic workshop?

- **Beliefs-** where they come from and how they affect us in our daily life .
- **Three levels of the mind-** and how we work with each level to make successful, long lasting changes in our lives.
- **The brain-** understanding the basics of split brained research, what it means to be whole brained and how effectively change using the wholebraine state.
- **Unique musle testing-** to communicate directly with our Superconscious and Subconscious minds.
- **Two PSYCH-K® Balances** – the processes that can be used to change limiting beliefs in the subconscious mind into juicy self enhancing beliefs.
- How to create **well formed personal goal statements** that will help you have the life experiences you want and desire.
- **Clarification** for the subconscious mind – how you will know that you have achieved your goal.
- **Self testing** – self muscle testing techniques that will help you use the PSYCH-K® Balances for yourself, when you are on your own.
- Different **categories with 77 Goal Statements** covering the areas of Relationships, Personal Power, Self esteem, Prosperity, Grief and Loss, Spirituality and Health and Body.
- **Principles of Nature** – 33 statements that have been inspired by Bruce Lipton’s work on nature.
- **Transform the Perception of a Stressful Situation** – transform the perception of any stressful experience, emotion, phobia in your life, past, present or future.